

## Dadirri - Contemplation

Miriam-Rose Ungunmerr Baumann  
Order of Australia 2021

A special quality, a unique gift of Aboriginal people to all Australians is inner deep listening and quiet, still awareness. Dadirri' as a spiritual practice connects us and nurtures spiritual well-being. If our Culture is alive, strong and respected, it will grow. It will not die. And our Spirit will not die. But the Spirit of Dadirri, that we have to offer, will blossom and grow not only within ourselves but in the whole nation.

Dadirri - A 3 min video

[https://youtu.be/tow2tR\\_ezL8](https://youtu.be/tow2tR_ezL8)

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## The Importance of Deep

Listening Roger K. Allen:

Deep listening is suspending judgment and being fully present with another person to understand their experience or point of view. Deep listening involves hearing more than the speaker's words, but taps into the deeper meaning, of unspoken needs, and feelings conveyed. It is listening with your heart as well as your mind.

## Australian Labyrinth Network Inc.

No.A0102014J ARBN 624 563 177

Website [aln.org.au](http://aln.org.au)

## Acknowledgement of Country

We offer our respects to the wisdom holders and elders, past, present and those yet to come of the First Nations People.



Be the change you want to seeing  
Australia - find a labyrinth to walk  
here <https://aln.org.au/find-a-labyrinth>

## Recognising and Celebrating the Oldest Continuous Culture on Earth **draft**



As a social peacemaking movement, the Australian Labyrinth Network seeks ways to walk with the First peoples of Australia now and into the future.

At this critical moment in our shared history, we invite you to walk with us to contemplate enshrining their Voice to Parliament in the Australian Constitution.

Directions: Drive along the unmade section of Back Beach Rd San Remo, and continue past Lions Park. The Labyrinth is on the right alongside a row of Cypress Trees. The Labyrinth maintained by Bass Coast Council is always open to walk.

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*Background Information*  
United Nations Declaration on the  
Rights of Indigenous People

The declaration signed by the Rudd Government in 2009 is based on the principles of self-determination and participation to respect the rights and roles of Indigenous peoples within society - an instrument of standards of survival, dignity and wellbeing of Indigenous people worldwide.

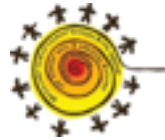
The Law Council of Australia  
calls for bi-partisan support for the  
Voice to Parliament.  
News Release 26 May 2022

The Law Council stands side by side with First Nations peoples advocating for changes to the Australian Constitution for the Voice to inform the Parliament on the laws and issues affecting them and their communities, their rights and aspirations; a basic entitlement of all persons is to control their destiny and be treated respectfully.

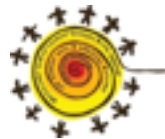
Aboriginal, and Torres Strait Islander affairs have historically faltered because elected leaders have not listened. A First Nations Voice to Parliament highlights the right to self-determination that all people should possess and enjoy, which would be a significant step toward rectifying this problem.

## First People to be included in Australia's Birth Certificate?

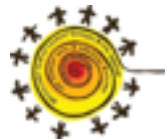
Albert Albanese, the Prime Minister of Australia says, "The constitution **is** our nation's birth certificate. It should be a source of pride that all Australians share this continent with Aboriginal and Torres Strait peoples, the oldest continuous civilisation on earth. "This should be recognised with a constitutionally enshrined Voice to Parliament."



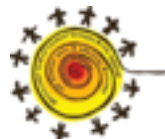
**Preparation** Firstly, bring to your awareness that this Country, not ceded to the British, resulted in Australia's First People experiencing the worst of Colonisation around the World. And yet, while still impacting seven generations, the First People have tirelessly and generously shared their knowledge, waiting for it to be recognised and their people respected.



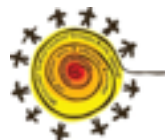
**First Step** Knowing that more messages go from your heart to your brain than the reverse, take time to be present at this critical moment in our shared history. Set your walk's intention to connect deeply within yourself and to Yallock Bulluk people and the Bunurong land they have walked for 40,000 years.



**Reflection:** Carrying a stone on your walk can be a tool for reflecting, sharing and remembering your walk experiences. Commence walking the path with an open heart, allowing the path's twists and turns to reflect on the lived experiences of Aboriginal and Torres Strait Islander peoples.



**Contemplation** Walking the Labyrinth, as you are drawn to its centre and deep into self, where you can gain insight and clarity about the need for a different Australia. An Australia, where its First Peoples live in a fair, equitable and just society, can thrive as they walk in two worlds.



**Emerging** from your walk with a greater understanding of the change you want to see in Australia. Continue walking in contemplation as the dialogue continues in the lead-up to the Referendum in 2023/24 The Labyrinth, maintained by Bass Coast Council is always available to walk.