

LAN Circle Wrap-up

October 24, 2023



LLP Updates

- [Click here](#) for a link to our chat from our circle Zoom meeting. (NEW!!!!)
- Chris Katzenmeyer, Executive Director of LLP, filled us in on our TLS presentation that Ellen and Chris did last weekend. TLS had a beautiful gathering in Asheville, NC.
- Be on the watch for an end of the year campaign.
- LLP has a journal article published!!! The name of the article in *Frontiers in Psychology* is: "Collective Labyrinth Walking with a Shared Intention Leads to Connectedness, Transcendent Experiences, and Insights for Compassionate Action during the COVID Pandemic." You will be receiving a link to it in the next few weeks in your email.
- The next Book club will be *The Path of the Holy Fool* by Rev. Dr. Lauren Artress and is on January 9, 2024, at 7 pm ET.
- Johanna: GCI reminder-taking place on 10/25 at 7 pm ET: our group is LAN, the password is orangeearth85. To upload the app, go to HeartMath Institute and follow the links.

Inspiration

Looking back on September's intention for Australia: Our intention is that the final vote of the Vice to Parliament referendum in Australia, on October 14th, creates a higher determination for equality and opportunity for the Aboriginal people.

- Elizabeth Scheimer and Jessica Fleming, both living in Australia, shared a few insights from the election.
- Though the referendum did not pass, it seems more things are happening to elevate the awareness of Aboriginal issues since the election.
- Our circle held our intention with grace and wisdom during our meeting and as we walked throughout the month.

Small Groups

We broke up into small groups for 5 minutes to ask each other these questions and get to know each other a bit.

- If new: What made you want to attend?
- If returning: What keeps you coming back?
- Some interesting topics that were brought up in the small groups:
 - Craig Chalquist, Terrapsychological Inquiry: Restorying our relationship with Nature Place and Planet He's also on YouTube
 - Are we leading the development of the Noosphere?
<https://en.wikipedia.org/wiki/Noosphere>

Intention

Our intention for this month is:

All humanitarian aid reaches the people in need in Gaza and Israel immediately.

- We meditated for 10 minutes and walked our finger labyrinths. Then we shared our powerful and emotional visions. It was very beautiful. Click on the link to the chat* to see a few shared insights.
- Please continue to walk with this intention until our next meeting in November.
- Add your thoughts and feelings as continue to use this intention to our Facebook page.

***The link to our chat:**

<https://us06web.zoom.us/launch/chat/v2/eyJzaWQiOiI4MTIIMzI4ZTRIMTE0ZWU1YjkZGVmMjViMzMONDE5OUJjb25mZXJlbmNlLnhtcHAuem9vbS51cyJ9>

Next Steps

- See you tomorrow night at 7 pm ET for the GCI LAN group.
- The next LAN Circle is November 28, 2023, 7 pm ET.
- Mark your calendars for the book club on January 9, 2024, 7 pm ET.

Closing

Global Healing Response 2023 Q4: Journey/Reflect

[Click here](#) for the full materials for the fourth quarter of the GHR.

Journey Reflection

How was this journey on a path of turns, stops, and starts?
Did you fill your soul with adventure or release pain from your heart?
Did you move on a path forward or did you wander with your thoughts?
Were you welcomed upon your arrival, or did you lay claim to a new spot?
Did you smell the roses along the way or push to the finish line?
Did you return to where you started or end up at a different time?
Your journey was perfect no matter what path it took.
Stop and turn around, reflect, and take a look.



Thank you to everyone in our circle last night. It was a beautiful experience to be with you. Your Wisdom, Grace and Love are powerful.

*Gratefully,
Ellen*

*Ellen Bintz Meuch
Director, Labyrinth Activist Network, Legacy Labyrinth Project*