



LAN Circle Wrap-up

May 23, 2023

Labyrinth Activism: a spiritual practice using the labyrinth, heart centered intention and action for change.

We welcomed 24 people to our circle on Tuesday. Though we admitted to each other that we had had a chaotic day,

Sheila Spremulli's meditation brought us together to a powerful and centered state. See the attachment below with the details.

LLP Updates

- Chris: [Saskatchewan Pilgrimage](#)- June 19-24. One spot opened up if you are interested. It is going to be great. Please hold the group while we are there as we do healing work with the land and community.
- Tish: Book club-Power of Eight, July 11
- Johanna: Global Coherence Initiative reminder-taking place on 4/26 at 6:30 pm ET
- T-shirts: order your one-of-a-kind LAN T-shirts by [clicking here](#). They are long sleeve, extra soft and \$40 each (plus \$9.95 for shipping). The shirts come in gray or white, sizes M, L, XL. The order deadline is June 1. This is a "win-win" way to help support LLP and our LAN Circle!



Inspiration

Communities of Practice

Beta Group Ukraine intention (for BC 3.0)

Chris and Dr. McGee spoke about the process and the experiences of the 14 people who were a part of the Beta test for Big Connection 3.0. Dr. McGee talked about the reporting from the participants and how surprising the shared empathy and strong experiences are. Some of the LAN members who were a part of the Beta group spoke about how impactful the experience was and that it seemed to build over the weeks that it lasted. There is a lot to learn about this. The results are so encouraging for what can be accomplished in the future.

Dr. McGee: Haiti Project (**See all directions and links below**)

The violence in Haiti has become unbearable. Dr. McGee has been involved in humanitarian efforts for many years with Father Wismick and counselors who provide help to orphanages in the area. When they leave their homes to serve these children, their lives are in danger. Dr. McGee has asked us to walk the labyrinth with the intention provided and then send a note via the link provided. The counselors feel invisible, and we can show them they are in our hearts and seen. The deadline for the project is June 15. Feel free to walk more than once and send more than one message. To learn more about Dr. McGee's work in Haiti [click here](#). Thank you for opening your heart to this important project.

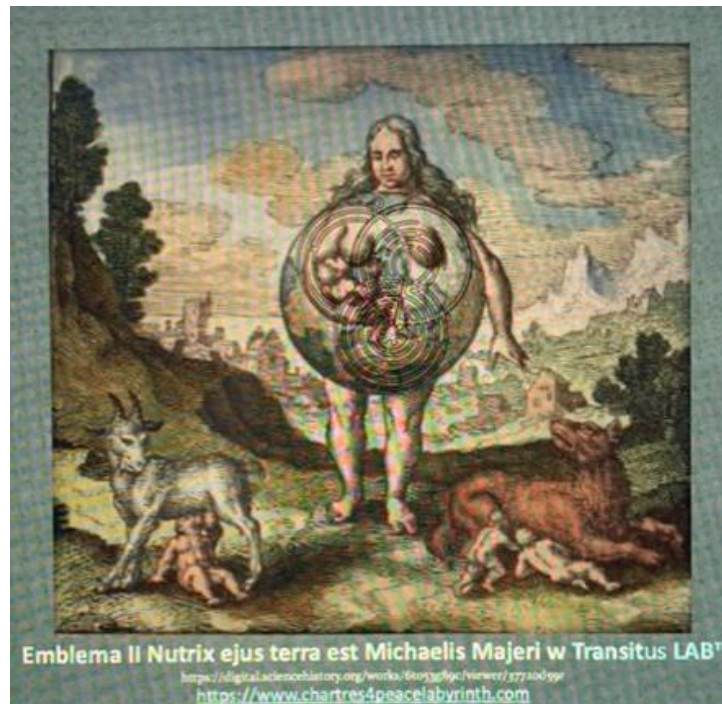
Next Steps

- T-Shirt order deadline is June 1
- Haiti Project Messages deadline is June 15
- The next LAN Circle is June 27.
- The next Global Coherence Initiative is June 28
- LAN Book Club, “Power of Eight”, July 11

Closing

GHR Q2: Journey/Move: “The journey between what you once were and who you are now becoming is where the dance of life really takes place.” – Barbara De Angelis

Sheila's Meditation



**The labyrinth is surely not unrelated to
a sense of the first path a human being travels ... out of the maternal womb.
Every human being's first labyrinth
is that of a woman.**

Jacques Atalli – The Labyrinth in Culture and Society

Womblife lessons, stored in the “many filing places in the storehouse of your heart’ (Hugh of St. Victor 1096-1141), remain the subtexts of our life narratives unless we *play-a-tension* to the felt sense of them lying in the “thin skin ... membrane of memory ... just below the waterline” (Dennis Patrick Slattery, **Just Below the Water Line**, p. 56). In this act of contemplative labyrinth (pr)activism play-a-tension to what shows up on the path of the inner labyrinth that is your body. If you trip on something behind you, get lost, or confused, re-orient to your heart and the subtle alternating waves of potency that move from your center to you edges of your body (and beyond) and back again.

Journal, dance, draw, plant, tell, move, share, store, etc. your experience.

LAN Haiti Project

- 1) LAN members will walk a labyrinth in heart centered coherence with the intention below.
- 2) Following their walk, LAN members will send messages of support electronically to Dr. McGee through Qualtrics. Photos can be sent via email to her address below.
- 3) Dr. McGee will download the messages and give them to Father Wismick to share with the counselors.



Intention: Fr. Wismick and the counselors, who are under his supervision in Haiti, will have an immediate and ongoing sense of care and support for the service they are providing to children in orphanages and schools.

Link to send message:

https://baylor.qualtrics.com/jfe/form/SV_4VCEALX7kD83zvM

Email to send images:

jocelyn_mcgee@baylor.edu

